



Jessica Holtz

Junior Development National Team Coach



HALL OF FAME

Inducted 2024

Jessica Holtz has been coaching for more than 30 years and has been judging at the State and Regional level for about the same time. She has coached multiple gymnasts to the State, Regional and National level.

From 2005 to the present day, Jessica has had multiple National Junior Olympic Team members and has coached many gymnasts that have obtained college scholarships. She has had gymnasts that have continued their gymnastics careers at Michigan, Oklahoma, Michigan State, Central Michigan, Western Michigan, Ball State, Florida, and Georgia, just to name a few.

Jessica was the coach of Keeley Kmieciak, a Region 5 standout who competed in many national championships and made the National team three times. Under Jessica's guidance, Keeley received two 10.00 scores in her career and became the first gymnast to win every event and the all around in the Level 10 National Championships. Jessica also coached Marissa Oakley at the Elite level. Marissa was another great gymnast that participated in many USA National training camps, competed in the Secret Classic and made the USA CHAMPIONSHIPS in 2014 and 2015. Marissa made the 2015 Pan Am squad, but was unable to participate due to an injury.

Jessica has produced many gymnasts that have traveled with the Region 5 All Star team to Panama, Costa Rica, Germany, Brazil, Italy, Japan, Puerto Rico, El Salvador, France, Cayman Islands and others.

Jessica Holtz
Class of 2024

Jessica has been an active member of Illinois USA Gymnastics. She has served as a level chairman and works closely with the board members to improve the policies that benefit the Illinois gymnastics community. She has also hosted State and Regional camps at her gym, Phenom Gymnastics, and has worked many State and Regional training camps during her tenure as a valued member of Region 5.