

“The Greatest Show in Region 5”

Level 7 and 8 Regionals

General Information Sheet-(Parents)



Congratulations! Your athlete has qualified for the Level 7 and 8 Regional Gymnastics competition hosted by Perfect Balance Athletics in Akron, OH. Below you will find a short list of items that will help us give you and your athletes the very best Championship experience.

Parents/Athletes and Coaches

- 1. Level 7 and 8 Regionals is being held at the Summit County Fairgrounds in Tallmadge, OH. 44278.**
- 2. Upon entering the fair grounds you will proceed to park and enter the building from the Northside. This is the parking lot that is directly in front of you. There is no cost for parking at this event.**
- 3. Your athlete will receive their regional championship gift upon check in at the Athlete Check in desk.**
- 4. We ask that you remember that volunteers here at the meet are simply that. They have volunteered to assist Perfect Balance Athletics in bringing you and your athlete the very best experience possible. Issues with birthdates/ages and name spellings are the sole responsibility of your gymnastics institution and the coaches and staff within that facility.**

“The Greatest Show in Region 5”

Level 7 and 8 Regionals

General Information Sheet-(Coaches)



Coaches

1. You will receive a wristband during the check in process at the front door of the facility. You will need this wristband to come in and out of the facility and in and out of the coaches room. Loss of this wrist band will result in a \$25 dollar fee to receive a replacement band.
2. When you receive your session information for the session PLEASE pay close attention to your athletes birthdates/spelling of names and items of this nature that drive parents to their breaking point.
3. Any coaches that are not registered through the Meet Reservation System will need to provide a USAG membership in order to participate in this weekends fun filled activities.
4. Breakfast, Lunch and Dinner will be provided by Fresche Catering of Akron, OH. Iced Tea, Lemonade, hot coffee and tea will be in the coaches room all day along with water and pop. Additionally, water and pop will be on the competition floor in the white igloo cooler. Times for meals will be as follows below.

Friday/Sunday	Saturday
Breakfast-7:30am-10:30am	Breakfast-7:30am-10:30am
Lunch-11:00am-1:30pm	Lunch-11:00am-1:30pm
Lunch Plus-2:30pm-5:00pm (Bigger than a lunch, but not as big as a dinner)	Power pac-2:30pm-5:00pm
	Dinner-6:00pm-8:00pm

5. Coaches Welcome Party-Room 227 at the Sheraton Suites sponsored by International Gymnastics Camp. Address-1989 Front Street, Cuyahoga Falls, OH 44221. Please join us for drinks and appetizers from 7:00pm-11:00pm.

Our hope is that every one of you will enjoy this championship experience! Perfect Balance Athletics would like to wish all of you the very best of luck in this weekend of competition.