

NEW

HOW TO PETITION TO REGIONALS

ALL INFORMATION CONCERNING PETITIONING IS FOUND IN RULES & POLICIES

Gymnasts may be petitioned to Level 8, 9 or 10 Regionals because of illness, injury or a family tragedy, e.g., death, natural disaster.

A gymnast may compete in her State Meet in 1, 2 or 3 events but not all four and still petition. Touching out is NOT considered competing on the event.

How to Petition:

1. At the state meet, the gymnast must be entered into the appropriate regional meet with registration fee paid.
2. Go online to www.region5.com. Look under LATEST NEWS or Meets and then Regional Meets for petition form. You will find a link to a writable PDF Petition Form.
 - a. Fill out the petition form completely.
 - b. Attach the Petition Form, Scoresheet and Medical Note to the Region 5 email address: region5usa+petition@gmail.com.
 - c. Send email.
 - d. Send Medical Release Statement using region5usa+petition@gmail.com email address.
3. The petition is due no later than Wednesday following your state meet.
 - a. Use the petition form dated January 2015 found on the USA Gym Region 5 website.
 - b. A photocopy of one pre-state sanctioned meet from the current season or the previous year's Regionals, Eastern Nationals or JO Nationals meet with a score 1.0 higher than the qualifying score (Levels 8, 9 and 10 is a minimum of 35.000). The qualifying score for an event specialist is 9.250. Scores must be from the level in which the gymnast is competing.
 - c. A Licensed Medical Professional must be used for the written notice of illness or injury. The notice must state the specific reason the gymnast is unable to compete on all four (4) events at their state meet.
 - d. At least one (1) week prior to the regional meet, must receive a Licensed Medical Professional's "Release to Compete" statement.
 - e. A refund for a scratched petition gymnast must be submitted at least ten (10) days prior to the meet start date.
4. Petition response should be received three (3) days from submission of the "release statement.". Please contact Sue Kane if you have not received an answer within 3 days.

Thank you and good luck!

Sue Kane, Region 5 Petition Coordinator

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