

**2017 Region 5 Level 9 and 10 Championships Schedule**

**Thursday, April 6, 2017**

<b>Session 1</b>	Level 9: JR2, SR6,SR8	69 (8IES)	
	05:00 - 05:30	Open Stretch	30
	05:30 - 05:50	Timed Warm-ups	20
	05:50 - 09:26	Competition	216
		Awards	

**Friday, April 7, 2017**

<b>Session 2</b>	Level 10: JRA, SRD, SRE	64	
	08:00 - 08:30	Open Stretch	30
	08:30 - 08:50	Timed Warm-ups	20
	08:50 - 12:05	Competition	195
		Awards	
<b>Session 3</b>	Level 10: JRC, JRD	52	
	12:15 - 12:45	Open Stretch	30
	12:45 - 01:00	Timed Warm-ups	15
	01:00 - 03:48	Competition	168
		Awards	
<b>Session 4</b>	Level 10: JRE, SRB, SRF	65	
	04:00 - 04:30	Open Strertch	30
	04:30 - 04:50	Timed Warm-up	20
	04:50 - 08:05	Compeititon	195
		Awards	

**Saturday, April 8, 2017**

<b>Session 5</b>	Level 10: SRA, SRC	48 (4IES)	
	08:00 - 08:30	Open Stretch	30
	08:30 - 08:45	Timed Warm-up	15
	08:45 - 11:09	Competition	144
		Awards	
<b>Session 6</b>	Level 10: JRB, JRF	52	
	11:10 - 11:40	Open Stretch	30
	11:40 - 11:55	Timed Warm-ups	15
	11:55 - 02:43	Competition	168
		Awards	
<b>Session 7</b>	Level 9: JR7, SR 5	52 (1IES)	
	02:45 - 03:15	Open Stretch	30
	03:15 - 03:30	Timed Warm-ups	15
	03:30 - 06:18	Competition	168
		Awards	
<b>Session 8</b>	Level 9: SR2, SR7	56 (2IES)	
	06:20 - 06:50	Open Stretch	30
	06:50 - 07:05	Timed Warm-ups	15
	07:05 - 09:53	Competition	168
		Awards	

**Sunday, April 9, 2017**

<b>Session 9</b>	Level 9: JR5, JR6, JR8	67 (3IES)	
	08:00 - 08:30	Open Stretch	30
	08:30 - 08:50	Timed Warm-ups	20
	08:50 - 12:26	Competition	216
		Awards	
<b>Session 10</b>	Level 9: JR3, JR4, SR4	65 (4IES)	
	12:40 - 01:10	Open Stretch	30
	01:10 - 01:30	Timed Warm-ups	20
	01:30 - 04:45	Competition	195
		Awards	
<b>Session 11</b>	Level 9: JR1, SR1, SR3	63 (1IES)	
	04:55 - 05:25	Open Stretch	30
	05:25 - 05:45	Timed Warm-ups	20
	05:45 - 08:57	Competition	195
		Awards	