



HOW TO PETITION TO REGIONALS

ALL INFORMATION CONCERNING PETITIONING IS FOUND IN
RULES & POLICIES

Gymnasts may be petitioned to Level 8, 9 or 10 Regionals because of illness, injury or a family tragedy, e.g., death, natural disaster.

A gymnast may compete in her State Meet in 1, 2 or 3 events but not all four and still petition. Touching out is NOT considered competing on the event.

How to Petition:

1. At the state meet, the gymnast must be entered in the appropriate regional meet with fees paid.
2. Coaches must notify the Regional Administrative Committee Chair by email (Dave Stiles, d.b.stiles@att.net) and Petition Coordinator, Hilary Carlson, hilarycarlson@comcast.net, no later than Monday following the state meet.
3. The all petition forms are due to Hilary Carlson and State Chair no later than Wednesday following the state meet. This means in-hand! **Petition must be emailed with "read receipt request."** Forms can be found online at <https://usagym.org/PFDs/Forms/Women/injury2015.pdf>.
 - a. Use the petition form dated January 2015 found on the USA Gym Region 5 website.
 - b. A photocopy of one pre-state sanctioned meet from the current season or the previous year's Regionals, Eastern Nationals or JO Nationals meet with a score 1.0 higher than the qualifying score (Levels 8, 9 and 10 is a minimum of 35.000). The qualifying score for an event specialist is 9.250. Scores must be from the Level the in which the gymnast is competing. Do not highlight any of the information on the form if faxing.
 - c. A Licensed Medical Professional must be used for the written notice of illness or injury keeping the gymnast from competing on all four (4) events at the state meet.
 - d. At least one (1) week prior to the regional meet, must receive a Licensed Medical Professional's "Release to Compete" statement.
 - e. A refund for a scratched petition gymnast must be submitted at least ten (10) days prior to the meet start date.
4. Petition response should be received Three (3) days from submission. Please contact me if you have not received an answer with 3 days.

Thanks, and good luck!

Hilary Carlson, Petition Chair

Email: hilarycarlson@comcast.net

Fax: 224-653-8673

Address: 328 Briarwood Lane, Bloomingdale, IL 60108



USA GYMNASTICS.

Injury Petition Form

Deadline – 3 days following the last qualifying meet

For State Championships: send your form to your State Administrative Committee Chairman For Regional Championships: send your form to your Regional Technical Committee Chairman (or other designated person).

Note: Notify the RACC by the Monday following the State Meet of any athletes who intend to petition to Regionals.

Refer to Chapter Eight, pages 76-78 and page 85 in the current *Women's Rules and Policies* under specific meet information.

*If this form is incomplete, it may NOT be accepted. It is the responsibility of the coach to provide all necessary information.

Meet petitioning to: _____

Gymnast's Name: _____ USA Gym Number: _____

Birth Date: _____ Age and Level: _____

Coach's Name: _____ Coach's Cell Phone #: _____

Coach's USA Gym Number: _____ Coach's E-mail: _____

Gym Name: _____

Gym Full Address: _____

Gym Phone #: _____ Gym Fax #: _____

1. Photocopy Results of a minimum of one Sanctioned Meet:

Meet: _____ Date of Competition: _____

Scores – Vault: _____ Bars: _____ Beam: _____ Floor: _____ AA: _____

2. Licensed Medical Professional's written verification of illness or injury and release to return to gymnastics activity. Please specify the DATE of return to gymnastics activity.