

# Xcel Regional Schedule

BGSU Perry Fieldhouse - 801 N. Mercer Rd., Bowling Green, OH 43403

Age Groups are divided equally within each Level and session.

## Competition Schedule - Gym 1

**Saturday, May 14, 2016**

### Session 1

#### Xcel Gold - Individual Child A & B

8:00-8:30	Stretch	Birthdates 8/7/04 - 5/15/09
8:30-8:40	Presentation	
8:40	1st Fl. Warm Up	
8:50	Competition	

### Session 2

#### Xcel Gold - Individual Child C & Junior A

11:15-11:45	Stretch	Birthdates 7/26/03 - 8/6/04
11:45-11:55	Presentation	
11:55	1st Fl. Warm Up	
12:05	Competition	

### Session 3

#### Xcel Gold - Individual Junior B & C

2:30-3:00	Stretch	Birthdates 7/17/02 - 7/25/03
3:00-3:10	Presentation	
3:10	1st Fl. Warm Up	
3:20	Competition	

### Session 4

#### Xcel Gold - Individual Senior A & B

5:45-6:15	Stretch	Birthdates 7/16/02 & earlier
6:15-6:25	Presentation	
6:25	1st Fl. Warm Up	
6:35	Competition	

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Everyone in Team A Competition - Everyone in Team B Competition

## Competition Schedule - Gym 1

**Sunday May 15, 2016**

Session 5

### Xcel Platinum & Diamond - All States Team A & Team B

8:00-8:30	Stretch
8:30-8:40	Presentation
8:40	1st Fl. Warm Up
8:50	Competition

Session 6

### Xcel Gold - All States Team A & Team B

11:45-12:15	Stretch
12:15-12:25	Presentation
12:25	1st Fl. Warm Up
12:35	Competition

Session 7

### Xcel Silver - All States Team A & Team B

3:00-3:30	Stretch
3:30-3:40	Presentation
3:40	1st Fl. Warm Up
3:50	Competition

# Xcel Regional Schedule

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## Competition Schedule - Gym 2

**Saturday, May 14, 2016**

### Session 1

#### Xcel Silver - Individual Child A & B

8:00-8:30	Stretch	Birthdates 5/31/06 -5/15/2010
8:30-8:40	Presentation	
8:40	1st Fl. Warm Up	
8:50	Competition	

### Session 2

#### Xcel Silver - Individual Child C & D

11:15-11:45	Stretch	Birthdates 5/25/05 - 5/30/06
11:45-11:55	Presentation	
11:55	1st Fl. Warm Up	
12:05	Competition	

### Session 3

#### Xcel Silver - Individual Junior A & B (Birthdate

2:30-3:00	Stretch	Birthdates 6/23/04 - 5/25/05
3:00-3:10	Presentation	
3:10	1st Fl. Warm Up	
3:20	Competition	

### Session 4

#### Xcel Silver - Individual Junior C & Senior A (Birthdate

5:45-6:15	Stretch	Birthdates 7/20/03 - 6/22/04
6:15-6:25	Presentation	
6:25	1st Fl. Warm Up	
6:35	Competition	

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## Competition Schedule - Gym 2

**Sunday May 15, 2016**

### Session 5

#### Xcel Silver - Individual Senior B & C (Birthdate

8:00-8:30	Stretch	Birthdates 7/19/03 and earlier
8:30-8:40	Presentation	
8:40	1st Fl. Warm Up	
8:50	Competition	

### Session 6

#### Xcel Platinum - Individual Child A & B & Diamond - Individual

11:45-12:15	Stretch	Platinum Birthdates 7/27/02 - 5/15/08
12:15-12:25	Presentation	Diamond (All Ages)
12:25	1st Fl. Warm Up	
12:35	Competition	

### Session 7

#### Xcel Platinum - Individual Junior A & Senior A (Birthdates

3:00-3:30	Stretch	Platinum Birthdates 7/26/02 & earlier
3:30-3:40	Presentation	
3:40	1st Fl. Warm Up	
3:50	Competition	