

HOW TO PETITION TO REGIONALS

ALL INFORMATION CONCERNING PETITIONING IS FOUND IN RULES & POLICIES, p. 46, 49-59.

Gymnasts may be petitioned to L. 8, 9, or 10 Regionals because of illness, injury, or a family tragedy (e.g., death, natural disaster).

A gymnast may compete in her State Meet in 1, 2, or 3 events, but not all four and still petition. (Touching out is NOT considered competing in that event.)

How to:

1. At the State Meet, the gymnast must be entered in the Regional Meet and the fees must be paid.
2. Coaches must notify the Regional Administrative Committee Chair (Dave Stiles) by fax or email the Monday after the State meet of any athletes they intend to petition to Regionals. His information (email, etc.) is in Rules and Policies on p. 6 and on Region5.com.
3. The petition is due to me, Hilary Carlson, and also to the State Chair, (not postmarked, but due) by the Wednesday after the State Meet. It may be faxed, emailed, or sent Express Mail. It must include:
 - a. The petition form from the coach, found on the USAG and Region 5 websites. **THERE IS A NEW PETITION FORM THAT MUST BE USED. MAKE SURE YOU ARE USING THE ONE UPDATED IN JAN., 2015!!!**
 - b. A photocopy of one pre-state sanctioned meet from the current season or the previous year's Regional, Easterns, NIT, or National meet with a score at least 1.0 more than the qualifying score. (Levels 8, 9, and 10 need at least a 35.0.) The qualifying score for an event specialist is 9.25. Obviously the score must be at the Level to which she is petitioning. **Do not highlight scores if you are faxing it. The highlight blackens the score and name.**
 - c. **(Important!! New wording) A LICENSED MEDICAL PROFESSIONAL'S** written notice of illness or injury that kept the gymnast from competing on all four events at the State Meet.
 - d. **At least one week before the Regional meet**, we will need a licensed medical professional's release to compete. Sometimes the licensed medical professional will write the release date on the first written notice and sometimes will not. If the licensed medical professional just states that the gymnast was unable to compete, the release must be sent one week before the competition.
 - e. **If an approved petition athlete scratches from the meet, there is no refund unless it is done 10 days or more from the meet start date.** (Clarification by the Region V Committee, 7/12.)
4. If you do not get a response from me within 3 days of submission, please contact me again. I may not have received it for some reason.

Thanks and good luck!

Hilary Carlson, Petition Chair

Email: hilarycarlson@comcast.net

Fax: 224-653-8673

Address: 328 Briarwood Ln., Bloomingdale, IL 60108



USA GYMNASTICS

Injury Petition Form

Deadline – 3 days following the last qualifying meet

For State Championships: send your form to your State Administrative Committee Chairman
For Regional Championships: send your form to your Regional Technical Committee Chairman (or
other designated person).

Note: Notify the RACC by the Monday following the State Meet of any athletes who intend to petition to Regionals.

Refer to Chapter Eight, pages 76-78 and page 85 in the current *Women's Rules and Policies* under specific meet information.

*If this form is incomplete, it may NOT be accepted. It is the responsibility of the coach to provide all necessary information.

Meet petitioning to: _____

Gymnast's Name: _____ USA Gym Number: _____

Birth Date: _____ Age and Level: _____

Coach's Name: _____ Coach's Cell Phone #: _____

Coach's USA Gym Number: _____ Coach's E-mail: _____

Gym Name: _____

Gym Full Address: _____

Gym Phone #: _____ Gym Fax #: _____

1. Photocopy Results of a minimum of one Sanctioned Meet:

Meet: _____ Date of Competition: _____

Scores – Vault: _____ Bars: _____ Beam: _____ Floor: _____ AA: _____

2. Licensed Medical Professional's written verification of illness or injury and release to return to gymnastics activity. Please specify the DATE of return to gymnastics activity.