



Char Christensen, Ph.D
Region 5
Regional Technical Committee Chair

1260 Churchbell Way
Columbus, OH 43235-2110
charchristensen@icloud.com
(614) 668-8822

REGION 5 INDIVIDUAL SPECIALIST RULES

2014-2015

All states in Region 5 will allow an individual specialist to enter their state meet after achieving the qualifying score set by each State Committee. Each state may decide that this score be achieved in one or two competitions prior to the state meet. The state committees will not require that the gymnast needs to designate that they are competing as an individual specialist in pre-state meets like Invitational's. All gymnasts must adhere to entering their state meets as a specialist or as an all-around gymnast by adhering to their state's declaration deadlines. Please see your State website for this information.

INDIVIDUAL SPECIALIST SCORE FROM STATE MEET TO REGIONALS- The score to qualify to Level 8,9, 10 Regional Championships is a 9.0 at the state meet as a designated specialist in this meet.

INJURY PETITIONS FOR SPECIALIST TO LEVEL 8, 9, AND 10 REGIONALS- A gymnast must have received a 9.25 score at one sanctioned competition from the current competitive year. Follow the same petitioning process by using the petition form, Dr. excuse with a Dr. release being required per Rules and Policies. The petition deadline is the same as other petitions which is to notify the RACC (Dave Stiles) by Monday after the state meet and the RTCC Technical Petition Assistant (Hilary Carson) not later than Wednesday following state meets. All Region 5 Committee members have their e-mails and faxes on the Region 5 web site.

QUESTIONS AND ANSWERS

- 1) Can a gymnast become a specialist if she gets injured during the state meet? NO, as she was entered as an all-around gymnast. If she gets injured during the state meet, she can touch out on the remaining events and petition to Regionals as an all-around gymnast. Coaches need to decide if the gymnast is a specialist or an all-around gymnast by the designated deadlines set by each state.
- 2) If a gymnast intended to do all-around at the state meet and got injured on the last event or so, can she use her 9.0 or better on the one or two events that she did compete without being designated as an event specialist in her state meet? NO, but she can petition to Regionals as an all-around athlete as long as she has the proper documentation per Rules and Policies.
- 3) Does my gymnast need to touch out on other events if she is a specialist at State or Regionals? NO, as the purpose of touching out is so that everyone will know that the all-around gymnast is still planning on continuing to compete and keep the scoring table accurate with in-coming scores.