



Dr. Larry Nassar

**USA Gymnastics National Team Physician
& National Medical Coordinator**



HALL OF FAME

Inducted 2012

Dr. Nassar is the current USA Gymnastics National Team Physician and has been a member of the USAG National Team Medical Staff since 1986. In 1996 he was appointed by the Board of Directors as the National Medical Coordinator. He has been the guiding medical force on the floor at many World Championships and 4 Olympic Games (Atlanta, Sydney, Bei Jing and London). In a nut shell, he has been instrumental in revolutionizing the way training and medical assistance are intertwined at the upper levels of gymnastics in the USA.

Larry got his start as an athletic trainer while he worked his way through Medical School at Michigan State University. He was very involved with the initial training camp movement in Region 5 (dating back to 1988). Under his guidance and educational influence, Region 5 prospered in the area of preventative and rehabilitative procedures as related to assisting our athletes reach their ultimate goals.

He has received numerous state, regional and national awards for his countless hours of dedicated service to the athletes in our sport.

He is the author of "PEAKING THE J.O. ATHLETES" which he generously donated to the USECA for nation wide distribution (forgoing any potential financial benefit for his efforts).

To say that Dr Nassar is a giving sole is the definition of understating. He is available for all regional coaches and athletes and has the remarkable ability to make each patient seem like the most important he has ever had.

For his years of volunteer service and contributions to the sport of gymnastics, I can think of no candidate that meets the criterion for CONTRIBUTOR any better than Dr. Larry Nassar. Please accept this nomination on his behalf.

MISCELLANEOUS ACCOMPLISHMENTS

AWARDS

"USA Gymnastics Shirley Marshack Memorial Award for the Development of the Talent Opportunity Program" - 2003

"United States Women's Gymnastics Elite Coaches Association National Contributor of the Year"

'92 - '93, '93 - '94, '95 - '96, '96 - '97, '98 - '99 and '01-'02 Gymnastics Seasons

"USA Gymnastics Service Award"
Presented by the USAG Athlete Advisory Council
August, 1997

"Region 5 Contributor of the Year"
'90 - '91, '91 - '92, '92 - '93, and '96 - '97 Gymnastics Seasons

"Michigan Gymnastics Contributor of the Year"
'92 - '93, '93 - '94, '95- '96, and 2009-2010 Gymnastics Seasons

"Jack Rockwell Award"
Awarded in recognition for sports medicine contributions in
the sport of gymnastics
August, 1994

"Michigan State University College of Osteopathic Medicine
Alumni Association Award"
Presented at my medical school graduation awards banquet for
displaying osteopathic principles
May, 1993.

RESEARCH GRANT

United States Olympic Committee Sport Science Grant
"Roentgenographic Changes in Female Gymnasts' Wrists"
Radiographic examination and interpretation of 139
adolescent female gymnasts.
May - December, 1990.

Gymnastics Highlights:

Olympic Games, Team Physician for the USA Women's Artistic Gymnastics
1996, 2000, 2008

Women's Artistic Gymnastics World Championships,
1991, 1995, 1999, 2003, 2007, 2010

Pan American Games
1987, 2007

USA Gymnastics National Medical Staff Member since 1986

USA Gymnastics Women's Artistic Gymnastics National Team Physician from 1995 to present

Appointed by the USAG Board of Directors as the National Medical Coordinator 1996 to current

USAG Athlete Wellness co-founder

FOUNDER, PRESIDENT

The Sports Medicine Professor, LLC
2009 to present

FOUNDER, PRESIDENT

GymnasticsDoctor Autism Foundation
August, 2010 to present

INVENTOR

"Nassar System"
Ankle Brace
Patent Approved, 1990 #4,926,846

PUBLICATIONS

LG Nassar, "10 Questions with Dr. Larry Nassar", *International Gymnastics*, November, 2009 page 12

L.G. Nassar and W. Sands, Textbook chapter, "Shoulder Injuries in Gymnastics" in The Athlete's Shoulder 2nd Edition, Editors: J.R. Andrews, K.E. Wilk, and M.M. Reinold, Churchill Livingstone, 2008.

"Descriptive Epidemiology of Collegiate Women's gymnastics Injuries: National Collegiate Athletic Association Injury Surveillance System, 1988 Through 2004", SW Marshall, T Covassin, R Dick, L Nassar, J Angel, *Journal of Athletic Training*, Vol 42, No. 2, Pages 234-240, June, 2007.

"Foot and Ankle Injuries in Elite Female Gymnasts", M Chilvers, M Donahue, L Nassar, A. Manoli *Foot & Ankle International*, Vol 28, No.2, Pages 214-218, Feb, 2007.

Quoted in journal article, "Splits, Twists and Tumbles: for Competitive Gymnasts, Injuries are often part of the Routine" by Jennifer Romanchick in *ADVANCE for Directors in Rehabilitation*, Vol 15, No 4, pgs 31-35, April, 2006.

"Elbow Rehabilitation Program for the Artistic Gymnast", *The Elite Gymnastics Journal*, Volume 29, Issue 5, Feb, 2006 (Was sent as a supplemental booklet and CD).

"Cross Validation of Fat Free Mass Rediction Models for Elite Female Gymnasts"
P.W. Bauer, J.M. Pivarnik, W.C. Fornetti, J.J. Jallo, and L.G. Nassar
Pediatric Exercise Science, 17, 337-344, 2005.

D.J. Caine and L. G. Nassar, Textbook chapter, "Gymnastics Injuries" in Epidemiology of Pediatric Sports Injuries, Vol 48 pgs 18-58 of the Medicine and Sport Science Series, Editors: Caine, D.J. and Maffulli, N. published 2005 by Karger, Switzerland

Textbook chapter, "Gymnastics" in Principles of Manual Sports Medicine, Steve Karageanes, Editor, Lippincott Williams & Wilkins, Philadelphia, PA 2005 pgs:524-541.

Quoted in magazine article, "A Parents Guide to What is Normal and What in't about Women's Gymnastics and Menstruation" by Maurae Gaub in *Gymnastics Education Council Journal*, May, 2005 Pgs. 4-5.

Quoted in journal article, "Young and Vulnerable: Concussions" by Diana Olsen in *ADVANCE for Directors in Rehabilitation*, Vol 14, No 5, pgs 57-61, May, 2005.

"Lumbar Spine MRI in the Elite Level Female Gymnast"
D.L. Bennett, L.G. Nassar, M. DeLano
Submitted for publication October, 2004 to the *American Journal of Radiology*

Quoted in magazine article, "Graceful, Beautiful, and Perilous" by Erik Stokstad in *Science* Vol 305 pgs:641-642, July 30, 2004.

American Medical Society for Sports Medicine annual conference
Poster presentation. "Tender Red Nodules on the Shins of a Division I Crew Athlete"
April, 2003

Book entitled, Conditioning & Peaking the Junior Olympic Gymnast
Published by the United States Elite Coaches Association
Computer Compact Disc released August 2002

American Medical Society for Sports Medicine annual conference
Poster presentation. "Humeral Stress Fracture in a Softball Athlete"
April, 2002

"Money and Medals: The Core Purpose of Sport" published in the May/June 2001 issue of *Path of Potential* Volume 1: Issue 4

"Bone Mineral Content in Elite Female Gymnasts"
J.M. Pivarnik, W.C. Fornetti, L.G. Nassar, R.M. Malina,
Submitted for Publication 4/2001, *Pediatric Exercise Science*

"Nutritional Information for the Competitive Gymnast"
Training Elite, the United States Elite Coaches Association Newsletter.
23:6, 7-11, 2000

"Alternative Medical Approaches to Treating Attention Deficit/Hyperactivity Disorder"
Technique, 20:1, 10-14, 2000

"Exertional headache in a Collegiate Gymnast: A Case Report"
Clinical Journal of Sport Medicine, 9:3, 182-183. 1999

"U Professor Assists Olympic Athletes"
State News Newspaper article 6/9/99 Pg. 3
Medical content editor/consultant and I wrote the Forward for: Marshall, NT (1999). The Athlete Wellness Book. Indianapolis, IN: USA Gymnastics Publications

Medical content editor/consultant for: Warren, P and J. Lee. (1999). USA Gymnastics Kinder Accreditation For Teachers Workbook, 2nd Edition. Indianapolis, IN: USA Gymnastics Publications

Medical content editor/contributor for: Whitlock. (1999). USA Gymnastics safety handbook, 2nd Edition. Indianapolis, IN: USA Gymnastics Publications

"How to train a front handspring"
Technique, 18:9, 17-21. 1998

USA gymnastics sideline support.
USA Gymnastics, 27:6, 24. 1998

“Avoiding Injury”

The Des Moines Register Newspaper Article 9/15/98 Pg. 1T

“Osteopathic Manipulative Medicine Proves Excellent Treatment for Athletes”

Communiqué, Summer, 1998

“Training leg swings”

Technique, 18:8 , 06-12. 1998

“The Treatment of Rips (Wounds) on the Hands”

USA Gymnastics. 27(3):13. 1998

AMERICAN MEDICAL SOCIETY FOR SPORTS MEDICINE ANNUAL MEETING

Abstract “Collegiate Swimmer with Hamstring Clonus”

April, 1998

“Lower Extremity Functional Progression: Back to Tumbling and Stuck Landings After an Injury”

Technique. 18(1):6-13. 1998

Conditioning and Peaking the Junior Olympic Gymnast: ‘97 - ‘98 Season

Strength Training Manual

Published by the United States Elite Coaches Association

Sept, 1997

(1) “Improving Trunk Form to Prevent Spinal Injury and Enhance Performance”

(2) “Performance Enhancement of the Lower Extremity When Healthy and Injured”

Proceedings of the USA Gymnastics 1997 National Congress.

Aug: 72-73, 1997.

“How to Master the Perfect Handstand Through the Use of Proper Body Mechanics”

Technique. 17(1):11-14. 1997

Conditioning and Peaking the Junior Olympic Gymnast: ‘96 - ‘97 Season

Strength Training Manual

Published by the United States Elite Coaches Association

Jan, 1997

“Jump Rope Program”

Technique. 16(1):22. 1996

“The Treatment of Rips (Wounds) on the Hands”

Technique. 15(8):14-15. 1995

“Injury Prevention Training”

Proceedings of the USA Gymnastics 1995 National Congress.

Aug: 81, 1995.

Conditioning and Peaking the Junior Olympic Gymnast: '95 - '96 Season
Strength Training Manual
Published by the United States Elite Coaches Association
July, 1995

"Conditioning and Peaking the Female Junior Olympic Gymnast"
Proceedings of the USA Gymnastics 1994 National Congress.
Aug: 47, 1994.

"Rehabilitation of the Injured Gymnast Emphasizing Proprioceptive Training"
Proceedings of the USA Gymnastics 1994 National Congress.
Aug: 46, 1994.

Conditioning and Peaking the Junior Olympic Gymnast: '94 - '95 Season
Strength Training Manual
Published by the United States Elite Coaches Association
August, 1994

"Pain Relieving Effect of Intramuscular Toradol on Female Gymnasts"
Proceedings of the USA Gymnastics 1993 National Congress.
Sept: 27-29, 1993.

"Conditioning and Peaking the Junior Olympic Gymnast"
Proceedings of the USA Gymnastics 1993 National Congress.
Sept: 48-50, 1993.

Conditioning and Peaking the Junior Olympic Gymnast: '93 - '94 Season
Strength Training Manual
Published by the United States Elite Coaches Association.
August, 1993.

"Therapeutic Exercises Part 3: The Gymnast's Wrist"
United States Elite Coaches Association Newsletter.
April: 11-16, 1993.

"Therapeutic Exercises Part 2: The Gymnast's Ankle"
United States Elite Coaches Association Newsletter.
March: 30-39, 1993.

"Therapeutic Exercises Part 1: The Gymnast's Back"
United States Elite Coaches Association Newsletter.
Feb: 31-47, 1993.

"Conditioning & Peaking the Junior Olympic Gymnast: '92 - '93 Season"
United States Elite Coaches Association Newsletter.
Oct: 30-85, 1992.

"Gymnast Wrist Pain Dose Response Relationships"
Medicine & Science in Sports & Exercise
Vol. 24, No. 5, S46, May 1992

"Wrist Strengthening Exercises"
USA Gymnastics. Jan / Feb: 12-13, 1992.

"Plyometric Training"
Proceedings of the United States Gymnastics Federation 1991 National Congress. Sept: 72-73, 1991.

"Proprioceptive Training"
Proceedings of the United States Gymnastics Federation 1991 National Congress. Sept: 74, 1991.

"Isokinetic Strength Values of the Knee Flexor and Extensor Muscle Groups of Female Gymnasts"
Proceedings of the United States Gymnastics Federation 1991 National Congress. Sept: 19-21, 1991.

Contributing Author
United States Gymnastics Federation Medical Trainers Handbook for National and International Events. Jan: 1991.

"Ankle Strengthening Exercises"
USA Gymnastics. Jan / Feb: 36-37, 1991.

"Balancing Exercises"
USA Gymnastics. Mar / Apr: 14-15, 1991.

"Taping Combined With Exercises"
USA Gymnastics. Jan / Feb: 13, 1990.

"Strengthen Your Ankles"
International Gymnast. May: 47, 1987.

"A Grip That's Homemade"
International Gymnast. Apr: 57, 1987.

"Ice It Right! Learn How to Treat Injuries Properly"
International Gymnast. Apr: 40, 1987.

VIDEO EDUCATIONAL PRESENTATION

"How to Train a Front Handspring"

National distribution through USA Gymnastics
April, 1998

VIDEO EDUCATIONAL PRESENTATION

"Incorporating Leg Swings" (53 min)
National distribution through USA Gymnastics
March, 1998

VIDEO EDUCATIONAL PRESENTATION

"Performance Enhancement of the Lower Extremity When Healthy and Injured" (85 min)
National distribution through USA Gymnastics
June, 1997

VIDEO EDUCATIONAL PRESENTATION

"How to Master a Perfect Handstand Through the Use of Proper Body Mechanics"(44 min)
National distribution through USA Gymnastics
May, 1996

VIDEO EDUCATIONAL PRESENTATION

"How to Tape the Injured Gymnast" (198 min)
National distribution through the United States Elite
Coaches Association (USECA) Video Club. July, 1992.

VIDEO EDUCATIONAL PRESENTATION

"Back Exercises for the Gymnast" (80 min)
National distribution through USECA Video Club. May, 1992.

VIDEO EDUCATIONAL PRESENTATION

"Plyometric Conditioning for the Gymnast" (78 min)
National distribution through USECA Video Club. Jan, 1992.

PRESENTATIONS

DEPARTMENT OF RADIOLOGY, DIVISION OF SPORTS MEDICINE
ASSOCIATE PROFESSOR
MICHIGAN STATE UNIVERSITY
COLLEGE OF OSTEOPATHIC MEDICINE

I lecture and am a lab instructor for:
OST 501 since 1997 to present

I am the course coordinator and provide lectures for
FCM521, 522, 523, 524 which are sports medicine elective course for

1st and 2nd year medical students. I developed the curriculum for these courses and created these courses.

August, 1997 – Present

4/29-30/2010 Key note speaker for the Pacific Rim Gymnastics Championships Sports Medicine Conference, “The role of the Sacrotuberous Ligament in Gymnastics” and “Ankle Injuries in Gymnastics”

Melbourne, Australia

12/4-8/2009 Speaker and lab instructor for Michigan State University’s Principles of Manual Medicine Conference. I was a lab instructor for the course and I presented, “Layer Palpation”, Musculoskeletal System Screening Examination”, “Joint Play to the Foot and Ankle” and “Evaluation and Treatment of the Lumbar Spine”, “Principals of High Velocity Low Amplitude Technique”

E. Lansing, MI

8/13-15/2009 Speaker, USA Gymnastics National Congress, “Protecting the Lower Back”, Dallas, TX

7/16/2009 Speaker, Michigan State University, College of Osteopathic Medicine, Osteo-Champs 2009 Summer Pre-college Enrichment Program, “Ankle Examination and OMM”

E. Lansing, MI

7/13-15/2009 Speaker and Conference Co-Moderator for the Conference “Fundamentals of Spinal Evaluation and Management Course Level II” Lectures I Presented, “Anatomy of the Upper Extremity”, “Review of Clinical Evaluation and Muscle Energy Techniques for the Lumbar Spine”, “Functional Anatomy and Structural Evaluation of the Rib Cage”, and “Muscle Energy Techniques for Rib Cage Dysfunctions”

E. Lansing, MI

6/12/2009 Speaker an Moderator, Michigan State University Sports Medicine Conference, “Joint Play of the Ankle” and “Joint Play of the Wrist”

E. Lansing, MI

5/15/2009 Michigan Osteopathic Academy Annual Meeting, Lecture, “Osteopathy and the Olympic Experience”, Dearborn, MI

5/11-13/2009 Speaker and Conference Co-Moderator for the Conference “Fundamentals of Spinal Evaluation and Management”, Lectures I presented: “Barrier Concepts”, “Spinal Biomechanics”, “Principles of Muscle Energy”, “Functional Anatomy and Structural Evaluation of the Lumbar Spine”, “Management of Lumbar Somatic Dysfunctions”, “Functional Anatomy and Structural Evaluation of the Pelvis”, and “Structural Diagnosis for Rib Dysfunctions”

E. Lansing, MI

4/3-7/2009 Speaker and lab instructor for Michigan State University’s Principles of Manual Medicine Conference. I was a lab instructor for the course and I presented, “Layer Palpation”, Musculoskeletal System Screening Examination”, “Joint Play to the Foot and Ankle” and “Evaluation and Treatment of the Lumbar Spine”, “Principals of High Velocity Low Amplitude Technique”

E. Lansing, MI

2/19/2009 Lecture, MSU Dept of Kinesiology, KIN 427 sec 001, "Hip Evaluation and Mobilization", E. Lansing, MI

2/19/2009 Lecture to the Undergraduate American Academy of Osteopathy, "Sacrotuberous Ligament",
E. Lansing, MI

1/21-24/2009 Lecture at the USA Gymnastics Coaches High Performance Seminar, "Spinal Injuries in Gymnastics", Houston, TX

1/20/2009 Lecture to the Michigan State Medical Society, "Beijing 2008, an Olympic Team Physician's Perspective"
Flint, MI

12/12-16/2008 Speaker and lab instructor for Michigan State University's Principles of Manual Medicine Conference. I was a lab instructor for the course and I presented "Joint Play to the Foot and Ankle" and "Evaluation and Treatment of the Lumbar Spine".
E. Lansing, MI

10/29/08 Michigan Dental Association Forensic Dental Identification Seminar, Lecture, "Olympic Sports Medicine"

9/25/08 Osteopathic National Center for Orthopedic Research, Lecture, "The Sacrotuberous Ligament"
E. Lansing, MI

5/12/08 – 5/14/08 Speaker and Conference Co-Moderator for the Conference "Fundamentals of Spinal Evaluation and Management", Lectures I presented: "Barrier Concepts", "Spinal Biomechanics", "Principles of Muscle Energy", "Functional Anatomy and Structural Evaluation of the Lumbar Spine", "Management of Lumbar Somatic Dysfunctions", "Functional Anatomy and Structural Evaluation of the Pelvis"
E. Lansing, MI

4/15-18/2008 Speaker and lab instructor for Michigan State University's Principles of Manual Medicine Conference. I was a lab instructor for the course and I presented "Joint Play to the Foot and Ankle" and "Evaluation and Treatment of the Lumbar Spine".
E. Lansing, MI

3/20/08 University of Michigan Student Athletic Trainers Course AT 305 Clinical Experiences in Athletic Training, Lecture, "Joint Play of the Extremities",
Ann Arbor, MI

3/9/08 Great Lakes Athletic Trainer's Association Annual Meeting, Lecture, "Radiology in Sports"
Toledo, OH

2/1/08 Childrens Ballet Theater of Michigan, Lecture, "Hip injuries in Ballet"
Lansing, MI

1/24/2008 Lecture to the Undergraduate American Academy of Osteopathy, "OMM in Sports
Medicine"

12/12-16/2007 Speaker and lab instructor for Michigan State University's Principles of Manual Medicine
Conference. I was a lab instructor for the course and I presented "Joint Play to the Foot and Ankle" and
"Evaluation and Treatment of the Innominates and Pubis".
E. Lansing, MI

5/16/07 – 5/16/07 Speaker and Conference Co-Moderator for the Conference "Fundamentals of
Spinal Evaluation and Management", Lectures I presented: "Barrier Concepts", "Spinal
Biomechanics", Principles of Muscle Energy", "Functional Anatomy and Structural Evaluation of the
Lumbar Spine", "Management of Lumbar Somatic Dysfunctions", "Functional Anatomy and
Structural Evaluation of the Pelvis"
E. Lansing, MI

4/18-22/2007 Speaker and lab instructor for Michigan State University's Principles of Manual Medicine
Conference. I was a lab instructor for the course and I presented "Joint Play to the Foot and Ankle"
E. Lansing, MI

2/19/2007 University of Michigan Student Athletic Trainers Course AT 305 Clinical Experiences in
Athletic Training, Lecture, "Joint Play of the Foot and Ankle",
Ann Arbor, MI

1/31/2007 Speaker at the Michigan High School Athletic Association's Youth Sports Leadership Summit,
"Overuse Injuries in High School Sports"
E. Lansing, MI

11/5/06 Michigan Athletic Trainers' Society's Student Seminar: "Osteopathic Medicine Employment
Panel"
Mt. Pleasant, MI

8/18/06 USA Gymnastics National Congress, Lecture, "Rehabilitation – Do It Right"
St. Paul, MN

8/9/06 Genesys Regional Medical Center Sports Medicine Conference, Lecture, "The Sacrotuberous
Ligament: the Grand Junction"
Flint, MI

7/17-19/06 Speaker and Conference Co-Moderator for the Conference "Fundamentals of Spinal
Evaluation and Management Course Level II" Lectures I Presented, "Review of Clinical Evaluation and
Muscle Energy Techniques for the Lumbar Spine", "Review of Clinical Evaluation and Muscle Energy

Techniques for the Pelvic Girdle”, “Functional Anatomy and Structural Evaluation of the Rib Cage”, and “Muscle Energy Techniques for Rib Cage Dysfunctions”

E. Lansing, MI

7/12/06 Speaker Michigan State University, College of Osteopathic Medicine, Osteo-Champs 2006 Summer Pre-college Enrichment Program, “The Use of Manual Medicine in Sports Medicine”

E. Lansing, MI

6.17/06 2006 National Coaching Educator’s Conference, in association with the National Association for Sport and Physical Education, the USA Coaching Coalition, and the Michigan High School Athletic Association and the Institute for the Study of Youth Sports, Lecture, “ Overuse Injuries in Athletes”

E. Lansing, MI

5/17/06 – 5/19/06 Speaker and Conference Co-Moderator for the Conference “Fundamentals of Spinal Evaluation and Management”, Lectures I presented: “Barrier Concepts”, “Spinal Biomechanics”, Principles of Muscle Energy”, “Functional Anatomy and Structural Evaluation of the Lumbar Spine”, “Management of Lumbar Somatic Dysfunctions”, “Functional Anatomy and Structural Evaluation of the Pelvis”

E. Lansing, MI

5/12/06 Conference Moderator, Michigan State University’s College of Osteopathic Medicine Annual Sports Medicine Conference

E. Lansing, MI

4/14/06 Collaborative OPP/OMM Conference with Ingham Regional Medical Center and Sparrow Hospital Interns lecture and lab: “Joint Play of the Foot and Ankle”

E. Lansing, MI

3/27/06 Michigan State University Graduate Course KIN 820 Lecture, “Myofascial Release”,

E. Lansing, MI

2/22/06 Ingham Regional Medical Center Physical Therapy In Service Lecture, “Hip Phathology”

E. Lansing, MI

10/13/05 University of Michigan Student Athletic Trainers Course AT 305 Clinical Experiences in Athletic Training, Lecture, “OMM and Sports Medicine”,

Ann Arbor, MI

7/13/05 Speaker Michigan State University, College of Osteopathic Medicine, Osteo-Champs 2005 Summer Pre-college Enrichment Program, “The Use of Manual Medicine in Sports Medicine”

E. Lansing, MI

5/20-21/05 USA Gymnastics National High Performance Coaches Seminar, Lectures, “Injury Rehabilitation” and “Injury Prevention”

New Waverly, TX

5/11/05 – 5/13/05 Speaker and Conference Co-Moderator for the Conference “Fundamentals of Spinal Evaluation and Management”, Lectures I presented: “Barrier Concepts”, “Spinal Biomechanics”, Principles of Muscle Energy”, “Functional Anatomy and Structural Evaluation of the Lumbar Spine”, “Management of Lumbar Somatic Dysfunctions”, “Functional Anatomy and Structural Evaluation of the Pelvis”

E. Lansing, MI

5/13/05 Conference Moderator, Michigan State University’s College of Osteopathic Medicine Annual Sports Medicine Conference and Speaker, “Current Concepts in the Role of the Sacrotuberous Ligament in Athletic Injury”

E. Lansing, MI

4/15/05 Hand Institute of Michigan: Sports Medicine for the Upper Limb Conference, Lecture, “Manual Medicine for the Hand and Wrist”

E. Lansing, MI

2/4-5/05 Henry Ford Health System Department of Orthopaedics and Rehabilitation 2005 Sports Medicine Symposium, 2 lectures/labs presented, “ Manual Medicine of the Sacrotuberous Ligament” and “Shoulder Manual Medicine”

Detroit, MI

12/1/04 Michigan State University College of Osteopathic Medicine Statewide Campus System Family Medicine Educational Day, Lecture, “OMM and Sports Medicine” Okemos, MI

12/1/04 Michigan State University Graduate Course KIN 820 Lab Session, “Myofascial Release”,

E. Lansing, MI

11/29/04 Michigan State University Graduate Course KIN 820 Lecture, “Myofascial Release”,

E. Lansing, MI

11/23/04 Speaker, Lansing Community College Undergraduate Course HSPK 090, “Osteopathic Manipulation Medicine and Sports Medicine”, E. Lansing, MI

5/12/04 – 5/14/04 Speaker and Conference Co-Moderator for the Conference “Fundamentals of Spinal Evaluation and Management”, Lectures I presented: “Barrier Concepts”, “Spinal Biomechanics”, Principles of Muscle Energy”, “Functional Anatomy and Structural Evaluation of the Lumbar Spine”, “Management of Lumbar Somatic Dysfunctions”, “Functional Anatomy and Structural Evaluation of the Pelvis”

E. Lansing, MI

5/7/04 Conference Moderator, Michigan State University’s College of Osteopathic Medicine Annual Sports Medicine Conference and Speaker, “Myofascial Pain Syndrome of the Upper Extremities”

E. Lansing, MI

4/28/04-5/1/04 American Osteopathic Academy of Sports Medicine Annual Conference
Program Moderator, “Neuromuscular Medicine: The Axial Spine”

Speaker for the Alan Jacobs Memorial Lecture, “The Sacrotuberous Ligament”

Boston, MA

3/29/04 Michigan State University, College of Osteopathic Medicine, Department of Physical Medicine and Rehabilitation Academic Didactics Program Lecture, "Foot and Ankle Injuries"
Lansing, MI

3/21/04 Children's Ballet Theatre Educational Lecture, "Injury Prevention"
Lansing, MI

2/16/04 University of Michigan Student Athletic Trainers Course AT 305 Clinical Experiences in Athletic Training, Lecture, "OMM and Sports Medicine",
Ann Arbor, MI

2/12/04 Michigan State University Graduate Course KIN 822 Lecture, "Myofascial Release"
E. Lansing, MI

2/5/04 Michigan State University College of Osteopathic Medicine Undergraduate American Academy of Osteopathy Lecture, "The Sacrotuberous Ligament"
E. Lansing, MI

2/4/04 Sparrow Health System Osteopathic Internship CME Lecture, "Myofascial Release Techniques"
Lansing, MI

11/17/03 Michigan State University Pre Soma Club Lecture, "OMM and Sports Medicine",
E. Lansing, MI

11/9/03 Michigan High School Gymnastics Coaches Annual Conference, "Treatment of common Gymnastics Injuries"
E. Lansing, MI

10/14/03 Speaker American Osteopathic Annual Clinical Conference, "The Sports Medicine Difference In Knee and Leg Problems"
New Orleans, Louisiana

7/23/03-7/25/03 Speaker and Conference Co-Moderator for "Fundamentals of Spinal Evaluation and Management" lectures I presented: "Barrier Concepts", "Spinal Biomechanics", "Principles of Muscle Energy", "Functional Anatomy and Structural Evaluation of the Lumbar Spine", "Management of Lumbar Somatic Dysfunctions", "Functional Anatomy and Structural Evaluation of the Pelvis"
E. Lansing, MI

7/14/04 Speaker Michigan State University, College of Osteopathic Medicine, Osteo-Champs 2003 Summer Pre-college Enrichment Program, "The Use of Manual Medicine in Sports Medicine"
E. Lansing, MI

6/20/04 Speaker, USA Gymnastics Region 4 Congress, "Rehabilitation of the injured gymnast"
Milwaukee, WI

5/9/2003 Conference Moderator, Michigan State University's College of Osteopathic Medicine
Annual Sports Medicine Conference
E. Lansing, MI

5/1/03 Speaker, American Osteopathic Academy of Sports Medicine Annual Conference
2 lectures: "Nutritional Concerns in Female Gymnasts", "Taping Techniques in the Lower Extremity"
San Diego, CA

2/12/03 Speaker, Sparrow Health System Osteopathic Internship CME Lecture
"Myofascial Release Techniques", Lansing, MI

8/14/02 Speaker, Michigan State University, College of Osteopathic Medicine Statewide Campus
System,
Campus System, Orthopedic Surgery Educational Conference, "Spinal Injury in the Female
Gymnast"
Troy, MI

8/3/2002 Speaker, North American Society for Pediatric Exercise Medicine 2002 Annual Conference,
"The Interdisciplinary Approach to Treating High School and Collegiate Athletes", E. Lansing, MI

7/10/2002 Speaker, MSU COM Osteo-Champs 2002 Summer Precollege Enrichment Program
"The Use of Manual Medicine in Sports Medicine"
E. Lansing, MI

6/7/2002 Speaker, USA Gymnastics High Performance Coaches Seminar, "Sports Medicine Concerns
and the Female Gymnast"
Houston, TX

5/8/2002 Speaker, Sparrow Health System Osteopathic Internship CME Lecture
"Myofascial Release"
Lansing, MI

5/17/02 Speaker, Michigan Osteopathic Association Annual Postgraduate Convention and Scientific
Seminar, "Osteopathic Manual Medicine From the Office to the Playing Field"
Dearborn, MI

5/10/02 Speaker, Sports Medicine 2002 Michigan State University's Annual Sports Medicine
Conference
"ITB Syndrome"
E. Lansing, MI

4/10/02 Speaker, American Osteopathic Association of Sports Medicine Annual Conference, "Ankle
Impingements"
Washington DC

4/10/02 Program Moderator, American Osteopathic Association of Sports Medicine Annual Conference, "Gymnastics Symposium"
Washington DC

1/9/02 Speaker, Sparrow Health System Osteopathic Internship CME Lecture
"Joint Play of the Hand and Wrist"
Lansing, MI

10/6/01 Speaker, Michigan USA Gymnastics State Wide Congress
Lecture 1: "Injury Rehabilitation and Prevention; Upper Extremities"
Lecture 2: "Injury Rehabilitation and Prevention; Spine"
Lecture 3: "Injury Rehabilitation and Prevention; Ankle, Knee, and Hip"
Ypsilanti, MI

7/11/2001 Speaker, Michigan State University, College of Osteopathic Medicine, Osteo Champs
"OMM in Sports Medicine"
E. Lansing, MI

5/11/2001 MSU COM Annual Sports Medicine Symposium, Lecture: "Spondylolysis and the Crossed Pelvic Syndrome"
E. Lansing, MI

5/4/2001 Michigan Athletic Trainers Society Annual Conference, Lecture: "Applied Kinesiology of the Lumbar Spine"
Lansing, MI

4/9/2001 American Osteopathic Association of Sports Medicine Annual Conference, Poster Presentation: "Persistent Gluteal Pain in an Adolescent Soccer Player"
San Antonio, TX

4/8/2001 American Osteopathic Association of Sports Medicine Annual Conference, Lab Instructor: "Mobilization of the Lower Extremity"
San Antonio, TX

3/26/2001MSU course KIN 423 Lecture to undergraduate and graduate athletic training students, "Principles of Myofascial Release"
E. Lansing, MI

2/12/2001 MSU COM/Sparrow Hospital Osteopathic Interns Manual Medicine Workshop Lecture: "Joint Play of the Foot and Ankle"
E. Lansing, MI

2/8/2001 Ingham Osteopathic Association Meeting, Lecture: "Olympic Sports Medicine"
E. Lansing, MI

2/7/2001 MSU COM Statewide Campus System Division of Family Medicine Educational Conference, Lecture: "Evaluation of the Foot and Ankle"

E.Lansing, MI

1/29/2001 Lecture to PMR residents on "The Evaluation of the Wrist"

E.Lansing, MI

12/11/00 MSU COM/Sparrow Hospital Osteopathic Interns Manual Medicine Workshop Lecture:
"Myofascial Pain and Trigger Points"

Lansing, MI

5/2000, Speaker, Sports Medicine 2000 Michigan State University's 1st Annual Sports Medicine
Conference, "Revisiting Ankle Injuries"

E. Lansing, MI

5/2000, Speaker, Sparrow Health System Osteopathic Internship CME Lecture, "Myofascial Release"
Lansing, MI

1/2000, Speaker, Sparrow Health System Osteopathic Internship CME Lecture
"Foot and Ankle Injuries"

Lansing, MI

11/1999, Michigan State University, Student Athletic Trainers' Inservice, "Spinal Anatomy",
East Lansing, MI

10/1999 Speaker, Federation of International Gymnastics, World Championships Medical
Symposium,
"Adapting Practice Equipment for Conditioning Safely"

Tianjin, China

6/1999 Speaker, MSU Sports Medicine Grand Rounds Lecture, "The Use of OMM in the Treatment of
Hip and Gluteal Sports Injuries"

E. Lansing, MI

6/1999 Speaker, National Athletic Trainers' Association 50th Annual Meeting & Clinical Symposia
"Muscle Imbalances"

Kansas City, KS

6/1999 Speaker, Flint area osteopathic family practice residency program through Genesis (Formerly
Flint Osteopathic Hospital's residency program) "OMM and Asthma"

Flint, MI

5/1999 Speaker, USA Gymnastics National Coaches Education Workshop,
Lecture #1 "Injury Prevention" Lecture #2 "Rehabilitation of the Injured Gymnast"

Salt Lake City, UT

3/15/99 Speaker KIN 422 "Principles of Muscle Energy" 3/22/99 Speaker KIN 422 "Muscle Firing
Patterns" Michigan State University, Undergraduate Course Lectures

3/1999 Sparrow Health System Osteopathic Internship CME Lecture, "OMM and the Foot and Ankle",
Lansing, MI

1/1999 Speaker, Michigan Academy of Family Practice, Statewide Student Day Conference
"Primary Care Sports Medicine"
East Lansing, MI

11/1998 SPEAKER, MSU Student Athletic Trainers' Inservice
"Evaluation of the Hip"
East Lansing, MI

8/1998 Speaker, USA Gymnastics National Congress, Lecture #1 "Training Leg Swings"
Lecture #2 "Epidemiology of Elite Gymnastics Injuries"
Indianapolis, IN

3/1998 Speaker, Michigan State University, Sports Medicine Grand Rounds
"Colchicine: Treatment Options of Chronic Back Pain & Herniated Disc Disease"
East Lansing, MI

2/1998 Speaker, St. Lawrence Hospital Osteopathic Internship CME Lecture, "OMM for the Pelvic
Girdle"
Lansing, MI

1/1998 Speaker, Consortium for Osteopathic Graduate Medical Education and Training (COGMET)
"OMM and Sports Medicine"
E. Lansing, MI

11/1997 Speaker, Michigan State University, Center for Ethics & Humanities CME Lecture,
"Ethical Issues of Injured Athletes and Competition"
East Lansing, MI

11/1997, Speaker, Michigan High School Athletic Association's Gymnastics Conference
"Injury Prevention in Gymnastics"
E. Lansing, MI

9/1997 Speaker, Michigan State University, Sports Medicine Grand Rounds
"Patellofemoral Pain"
East Lansing, MI

9/1997 Speaker, St. Lawrence Hospital Osteopathic Internship CME Lecture
"OMM in the Lower Extremity"
Lansing, MI

8/1997 Speaker, USA Gymnastics National Congress, Lectures:
(1) "Improving Trunk Form to Prevent Spinal Injury and Enhance Performance"
(2) "Performance Enhancement of the Lower Extremity When Healthy and Injured"

Denver, CO

June, 1997, Speaker, Texas Osteopathic Medical Association Annual Convention
(1) "Muscle Imbalances that affect the Spine" (2) "Sports Medicine Pearls"
Fort Worth, TX

May, 1997, Speaker, American Osteopathic Academy of Sports Medicine Conference
"Joint Play of the Ankle"
La Jolla, CA

April, 1997, Speaker, American Medical Society for Sports Medicine Annual Meeting
"The Hip and Pelvis: An Osteopathic Approach to Treatment"
Colorado Springs, CO

March, 1997, Speaker, Michigan State University, College of Human Medicine
HM 535: Clinical Skills "Musculoskeletal Exam"
E. Lansing, MI

March, 1997, Speaker, Michigan State University, Athletic Training Staff
"Muscle Imbalances", East Lansing, MI

February, 1997, Speaker, Ingham County Osteopathic Association Meeting
"1996 Olympic Sports Medicine Experience", East Lansing, MI

February, 1997, Michigan State University, Athletic Training Staff
"Principles of Muscle Energy", East Lansing, MI

February, 1997, Speaker, St. Lawrence Hospital Osteopathic Internship CME Lecture
"OMM Treatment of the Lumbar Spine", Lansing, MI

January, 1997, Speaker, St. Lawrence Hospital Osteopathic Internship CME Lecture
"OMM Evaluation of the Lumbar Spine", Lansing, MI

January, 1997, Sparrow Hospital, Emergency Medicine Grand Rounds, "Injuries to the Spine During
Athletic Events", Lansing, MI

January, 1997, Speaker, Michigan State University, Sports Medicine Grand Rounds
"The Cervical Spine", East Lansing, MI

December, 1996, Michigan State University CME Lab Instructor, "Principles of Osteopathic Manual
Medicine", E. Lansing, MI

December, 1996, Speaker, Michigan State University, Sports Medicine Grand Rounds
"The Lumbosacral Spine", East Lansing, MI

November, 1996, Speaker, St. Lawrence Hospital Osteopathic Internship CME Lecture
"Female Athlete Triad", Lansing, MI

November, 1996, Speaker, Chiropractor's Sport Certification Examination Banquet
"Manipulation and Sports Medicine", East Lansing, MI

Fall Term, 1996, Course Instructor, Michigan State University College of Human Medicine
FMP 517: Introduction to Sports Medicine, East Lansing, MI

September, 1996, Speaker, Michigan State University, Sports Medicine Grand Rounds
"The Olympic Experience", East Lansing, MI

September, 1996, Speaker, Michigan State University, Sports Medicine Club
Lecture to Medical Students: "Medical Care at the 1996 Olympic Games", E. Lansing, MI

June, 1996, Speaker, USA Gymnastics National Congress: (1) "How to Perform the Perfect Handstand
Through Use of Proper Body Mechanics", (2) "Rope Jumping- A Total Body Conditioner", Knoxville, TN

February, 1996, Speaker, Michigan Capital Medical Center, "Coaches Night Out", Lecture to Coaches
"Ankle Injuries", Lansing, MI

February, 1996, Speaker, Michigan State University, College of Human Medicine
Lecture to Medical Students, "Musculoskeletal Exam", E. Lansing, MI

January, 1996, Speaker, American Academy of Family Physicians, Michigan Chapter
"Application of Casts and Splints", E. Lansing, MI

March, 1995, Speaker, Ball Memorial Hospital's Sports Medicine Grand Rounds
"Female Gymnastics: Athletic Medical Issues", Muncie, IN

May, 1994, Speaker, Michigan State University, Sports Medicine Grand Rounds
"Wrist Injuries in Gymnastics", East Lansing, MI

March, 1994, Speaker, Michigan State University, Sports Medicine Grand Rounds,
"Evaluation and Treatment of Common Gymnastics Injuries", East Lansing, MI

October, 1987, Program Director and Speaker, Detroit Free Press International Marathon Exposition
"Running Injuries", Detroit, MI

October, 1986, Program Director and Speaker, Flexibility Screening Station
Detroit Free Press International Marathon Exposition, Detroit, MI

**SPEAKER 112 ADDITIONAL SPORTS MEDICINE LECTURES PRESENTED TO
COACHES, ATHLETES, THERAPISTS, TRAINERS AND PHYSICIANS**