

## **REGION 5 INDIVIDUAL SPECIALIST RULES FOR 2012-13**

**All states in Region V will allow individual specialists to enter their state meet after achieving the qualifying score set by each State Committee. The state may decide that this score must be achieved in one or two competitions prior to the state meet. The state committees will not require that the gymnast needs to designate that they are competing as an individual specialists in pre-state meets like invitationals. All gymnasts must adhere to entering their state meet as a specialist or as an all-around gymnast by adhering to their state's declaration deadlines.**

### **Questions and Answers**

- 1) Can a gymnast become a specialist if she gets injured during the State meet? No, as she was entered as an all-around gymnast. If she gets injured during the State meet, she can touch out on the remaining events and petition to Regionals as an all-around gymnast. Coaches need to decide if the gymnast is a specialist or all-around gymnast by the designated deadline set by each state.**
- 2) Does my gymnast need to touch out on the other events if she is a specialist at State or Regionals? No as the purpose of touching out is so that everyone knows the all-around gymnast is still planning to continue in the competition.**
- 3) What score does the gymnast need to get as an individual specialist at the state meet to get to Regionals? The score is a 9.0 which is the same score that it has been for the past few years.**