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# REGIONAL Procedures for Injury / Illness Petitions for J.O. Competitions

Petitions must be completed online using the Region 5 Injury Petition Form including all required information. The gymnast must be included and paid for on the regional form.

**Must fax or overnight mail the doctor's note (with release date)** If you overnight mail please make sure that a signature is not required.

The following people must receive a copy of the Doctor's note:

**Regional Technical Committee  
Assistant**

Hilary Carlson  
328 Briarwood Ln.  
Bloomington, IL 60108  
(630) 351-9704  
[hilarycarlson@comcast.net](mailto:hilarycarlson@comcast.net)

**ILLINOIS STATE CHAIRMAN**

Norbert Bendixen  
200 South Shaddle Avenue  
Mundelein, IL 60060  
FAX (847) 949-3903  
[NorbertIL@AOL.com](mailto:NorbertIL@AOL.com)

**ILLINOIS J.O. CHAIRMAN**

Randy Peebles  
111 S. Old Covered Bridge Ln.  
Springfield, IL 62711  
(217) 787-7004  
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[randypeebles@insightbb.com](mailto:randypeebles@insightbb.com)

**LEVEL CHAIRMEN**

**Level 8**

Mary Joe Roehrig  
694 Deer Ln.  
Sleepy Hollow, IL 60118  
Fax(847)428-0923

**Level 9**

Randy Parrish  
2010 Jennifer Lane  
Quincy, IL 62301

**Level 10**

Dianne Durham  
4430 N. Western Ave.  
Chicago, IL 60625

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