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## **Partners in Gymnastics** (Congress, Training Camps, Awards Banquet)

Each year the Women's, NAWGJ, Men's, Tumbling/Tramp, and Rhythmic Programs get together for a weekend in the summer. During this time we will host the following activities as part of the Partners in Gymnastics. This unique collaboration combines all the disciplines that are offered by USA GYMNASTICS.

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## **State Congress**

### **At the State Congress we will offer according to interest:**

- Level 1-4 Coaches Accreditation
- CPR and First Aid
- Safety Courses
- Pre-School Accreditation
  - KAT
  - MELPD

### Specific education for the following disciplines

- Pre-School
- Recreation
- Pre-competitive
- Beginning competitive
- Cheerleading
- Sport Psychology
- Round table discussion on various topics

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# State Training Camp

## Purpose of Illinois USA Gymnastics Camps and Clinics

Included in the Partners in Gymnastics we will host

- Level 4-6 (Compulsory) Training Camp
- (Optional) Training Camp

**Training Camps Mission Statement:** To use our Illinois resources and coaches to provide an inexpensive training environment for our Illinois gymnasts using all the latest training techniques.

Gyms are encouraged to bring as many gymnasts as they wish, space permitting.

**TOPS TESTING:** Yearly State Testing will take place. Please keep your eye on the Newsletters for the Regional TOPS Chairman's report for future information.

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# Recognition Dinner (Awards Banquet)

Each year we host an Awards Banquet during the State Congress weekend to honor the athletes from our state for their accomplishments that year. The banquet will be held with the other disciplines of our sport (Men's, Tumbling/Tramp, and Rhythmic) if they wish to join us.

Those invited "**as our guests**" are the following:

- Π All High School **Senior Athletes** from all levels
- Π All Illinois Elite Athletes both **pre elites and international**
- Π All JO National Qualifiers
- Π All Eastern Level 9 Qualifiers
- Π All TOPS National Athletes
- Π 1 Coach of the **above athletes** being honored

Those also invited to attend (a banquet fee will be charged):

- Π All State and Regional All-Around Champions. There will be a small awards ceremony.
- Π Parents of athletes
- Π Coaches of athletes
- Π All Illinois Professional Members