



## Illinois USA Gymnastics State Committee

State Chairman Norbert Bendixen  
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# September 03



## October 9<sup>th</sup> UIC Pavilion Chicago

Welcome back from a Busy Summer. I hope that all your gyms are full of smiling faces and ready for another year of Great Illinois Gymnastics.

Wow what a great lift that the USAG teams will give to our programs. Their performances at the World Championships this year at Anaheim was spectacular.

I saw quite a few Illinois people at both the Congress and the Championships.

### Safety Course to Go On line Hi Norbert :

In California at the meeting they said that the course would be on line in November and the cost would be \$50.00.

To take it for free registration (During a Regularly schedule Course) must be done three weeks prior the course. If I schedule another course I'm going to try to schedule at least five weeks in advance so anyone who is interesting have a chance to register.

The next course is at Itasca Park District on September 20 from 4:00 to 8:00 PM...thanks Edgar Pulido

Safety Instructor



### New State Meet alignment for Level 5 State

At the Committee summer meeting the committee voted to change the alignment of the state into 3 equal parts. The committee asked Jay Murphy (past Level 5 Chair) to research his records of the last 3 or 4 years as to the number of Level 5 Sectional participants.

The past alignment had unequal numbers due to the growth of Clubs and athletes in the northwestern part of the state. The numbers will be as divided equal as we can right now. *What will this mean to you?*

South: Was: Southern line was around I-80 with a few clubs south of I-80 still competing in the North

Will most likely move a bit south of I-80

North East/West dividing line will move west maybe as far West as I-355. Jay Murphy has been working on this project along with the state chair and the committee



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will be making the final decision as to where the line will be at our next committee meeting September 21<sup>st</sup>

**Meet Schedule now on Line** The 2004- 2005 Meet Schedule is on line. Please visit the site.

### **New Illinois R&P to be available on line in Early October**

Please keep your eye on the website for the latest R&P in line. It will be available in Early October (hopefully prior to the 15<sup>th</sup>)

### **Sign-up for Email Newsletters**

Get your Newsletter emailed to you. Connie Ballas, Our Webmaster, will email you the latest newsletter when it come available. This feature will keep you up to date with the latest newsletter before anyone else gets it. Please go on line at Region5.com/Illinois and click on the link and you will be added to the list ( you have to be a Pro-member to be on the email list.

**Meet Directors New Reporting Procedures.** This year we will be changing the meet reporting procedures for all meet directors that can email an electronic version of your meet to Cyndi Zimmerman. After results are emailed, she will put into a format and will post this information on the Website. Clubs wishing to get scores from the meets will simply click on the meet and print off the results. There will no longer be a need to send every club that participated in your meet the results. Coaches needing scores for meets, at time of injury petitions etc., will be able to print off the results from the web.

Complete instructions will be out after we finalize this at our Next Committee meeting. Thanks Cyndi for offering to do this momentous Job.



**Greg Willhmer Contributor of the year** Congrats Greg for your contributions to Region 5. You may or may not know that Greg has been the coordinator of the REGION % Golf outing for the past summers. This undertaking has netted the Region 5 Apparel Fund

**Level 9, 10 Regional April 2, 3, 4 2004 Lansing MI** This meet will be a rather large meet so please be prepared for a Friday, Saturday, Sunday Meet. WE had to go to a 1-weekend meet due to the placement of Easter, JO Championships, National Championship, and the Olympic Trials. The meet will run all three days most likely the Level 10 on Friday and Saturday and the Level 9, on Saturday and Sunday. Great consideration was given for those coaches that will be at many f the sessions due the o the number and age groups.



**National R&P** The National R&P is now available to be downloaded from the National Site USA-GYMNASTICS.ORG. They will no longer be mailed unless you request one. You can do this 2 ways

- II Call them at 800-345-4719 or
- II Go on line at this URL and "<mailto:membership@usa-gymnastics.org>" [membership@usa-gymnastics.org](http://membership@usa-gymnastics.org) and **confirm your mailing address.** Please pass that information on via your newsletters to the professional members in your state/region.

Thank you very much Norbert Bendixen Illinois USA Gymnastics State Chairman